Central America

PACKING LIST

Clothes & Accessories

- [ ] Short sleeve shirts/tank tops
- [ ] Shorts
- [ ] Pants for dinner/night time
- [ ] Sweatshirt
- [ ] Undergarments
- [ ] Socks
- [ ] Flip flops
- [ ] Walking shoes
- [ ] Bathing suits
- [ ] Cover up
- [ ] Hat
- [ ] Dressy dinner clothes
- [ ] Pajamas

Technology

- [ ] Camera & charger
- [ ] GoPro & charger
- [ ] Cell phone & charger
- [ ] Headphones

Hygiene, Health & Beauty

- [ ] Toothbrush & toothpaste
- [ ] Mouthwash
- [ ] Dental Floss
- [ ] Shampoo & conditioner
- [ ] Body wash
- [ ] Face wash
- [ ] Razor & shaving cream
- [ ] Deodorant
- [ ] Hair brush/comb
- [ ] Hair straightener/curling iron
- [ ] Tweezers
- [ ] Makeup
- [ ] Makeup remover
- [ ] Perfume/cologne
- [ ] Vitamins
- [ ] Pain relievers
- [ ] Prescription medications
- [ ] Tissues
- [ ] Bandaids
- [ ] Hand sanitizer
- [ ] Sunscreen

Miscellaneous

- [ ] Drivers license/ID
- [ ] Passport
- [ ] Travel confirmations
- [ ] Plane boarding pass
- [ ] Luggage tags
- [ ] Cash
- [ ] Credit Cards
- [ ] Wallet
- [ ] Backpack/daypack
- [ ] Laundry bag
- [ ] Water bottle
- [ ] Sunglasses

Other

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